



AIKYAM

**DISTRICT SOUVENIR
INNER WHEEL
DISTRICT 324**



MILLENNIUM AURIEL MONTEBELLO MEET
32nd DISTRICT CONFERENCE

GEETA SARIN
District Chairman
SWETA AGARWAL
District Editor



National Power Engineering Company

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Fabricating for Future

Inner Wheel Prayer

I Instill in us 'O' Lord, the true meaning of Friendship
N Never let us forget that we are all thy children
N Notwithstanding the differences in our culture and creeds
E Endow us with a desire to serve our fellow men
R Remembering that we too often need help,
W Whenever or wherever the need for service arises
H Help me to be ready to serve
E Endeavouring to make our badge of Inner Wheel worthwhile
E Ensuring that we have not
L Lived in vain

Way back in 1970, Silla Ardeshir a member from the Inner Wheel Club of Bombay, India attended one of the meeting of a local Club in Australia. At the beginning of the meeting she heard the members recite a short prayer, a collect. She liked the collect and brought it back with her to India and modified it to suite our country and presented it to her club. Soon the other club too adopted this, and this was the born of the Inner Wheel Prayer as it is recited today in our country.

HISTORY OF INNER WHEEL

DISTRICT 324

1. Year Of Formation - 1992-93
2. Number of Clubs During Formation - 10 Clubs
3. Founder Chairman - Purabi Roy
4. Geographical Area - Entire North East and parts of Bengal and Sikkim

Brief History Of The District

Originally the Clubs present Inner Wheel District 324 was under District 329. It was in the year 1992-93, the Inner Wheel District 324 was bifurcated from 329 and an independent Inner Wheel District was started with 10 Clubs namely Inner Wheel Club of Asansol, Darjeeling, Durgapur, Jalpaiguri, Jorhat, Shantiniketan, Shillong, Siliguri, Siluguri Midtown and Tinsukia. The then International President was Mrs. Anita Agarwal (IWD 301). The then Association President was Dr. Lalita Seth (IWD 329). IIW Theme was "Understanding"

Since its formation the district has expanded with new clubs being formed and presently there are 38 Inner Wheel Clubs with the total of 1074 members.

The geographical area of the district spreads over entire north eastern region and part of West Bengal including Sikkim. The District is an example of unity in diversity having members from different districts with different languages, culture and creeds but working unitedly towards its goal of service to humanity.



INTERNATIONAL INNER WHEEL EXECUTIVE COMMITTEE 2023-24



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IIW President



ZENAIDA FARCON
Immediate Past President



MAMTA GUPTA
Vice President



SARITA LUNANI
Treasurer



SISSEL H MICHELSEN
Constitution Chairman



PRABHA RAGHUNANDAN
Editor/Media Manager

ASSOCIATION EXECUTIVE COMMITTEE 2023-24



Association President & National Representative
MRS. PREETI GUGNANI



Association Vice President & National Deputy Representative
MRS. SUNITA JAIN



Immediate Past Association President
DR. SURJIT KAUR



Honorary Association Secretary
MRS. VINUTHA HARISH



Honorary Association Treasurer
MRS. SHASHI SUKLA



National Editor
MRS. SONAL BANSAL



Association CCCC
MRS. AZHAGU ANNAMALAI

DISTRICT EXECUTIVE COMMITTEE 2023-24



District Chairman
MRS. GEETA SARIN



District Vice Chairman
MRS. ANINDITA DEY



AC Member
MRS. KAKOLI CHOUDHURY



District Secretary
MRS. PINKI AGRAWAL



District Treasurer
MRS. MANISHA GARG



District Editor
MRS. SWETA AGARWAL



District ISO
MRS. RITA BAJLA



District ESO
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EDITORIAL



Mrs. Sweta Agarwal

District Editor

As we embark on another journey of purpose and service, it is with great enthusiasm and gratitude that I extend a warm welcome to each one of you to the Centenary year edition of our District Souvenir "AIKYAM".

AIKYAM means oneness, unity, harmony. We believe each member of district 324 has the potential to blossom to their true potential when one aligns to a collective good. Sharing and taking responsibility are at the core of Aikyam, which begins from feeling abundance within and leads to co-creating abundance outside.

At the heart of our organization lies a belief in the inherent dignity and worth of every individual. It is this belief that guides our actions, drives our initiatives and inspires us to continue striving for a world where justice, equality and compassion prevail.

In these pages, we find the echoes of our collective efforts and the unwavering commitment towards our shared mission of creating positive change in the world.

As we look ahead to the future, let us embrace change as an opportunity for growth and renewal. Let us reaffirm our commitment to our shared values and objectives, recognizing that our actions today will shape the world of tomorrow. Together, we have the power to create a more just, inclusive, and sustainable world for all. I extend my heartfelt gratitude to our District Chairman Geeta Sarin, District Executive Committee, PDC's, Club Presidents and Club Editors who contribute tirelessly to our mission. Your dedication fuels our efforts and brings us closer to realizing our shared vision of a brighter, more equitable future for all. Together, let us continue to Shine a Light by being the catalysts for change, the champions of hope and the architects of a better tomorrow.

Yours in Inner Wheel
SWETA AGARWAL
District Editor
IWD 324

DISTRICT CHAIRMAN'S MESSAGE



Mrs. Geeta Sarin

District Chairman

**What You Think You Become
What You Feel You Attract
What You Imagine You Create**

The beautiful IIW theme this year "Shine A Light" portrays the essence of this meaningful organisation which binds 120000 plus Inner Wheel Members in golden threads of Service Above Self in 100 plus Countries. Nothing can dim the light that Shines from within and the Shadow is the greatest teacher for how to come to brightness. Let your deeds Shine so profusely that others can see their way out of 'Darkness'. Let us make Inner Wheel a symbol of Hope and be a source of courage and strength to those who are suffering and dispel their misery as the Brightest Light is Invisible. It reflects through your kindness and warms the Universe. Abdul Kalam rightly said "If you want to Shine like a Sun first burn Like a Sun". We Inner Wheel Sisters must have an Ownership in our Vision. Do not let what you cannot do Interfere with What you can do.

I am honoured & blessed to be leading the Inner Wheel District-324 as a Centennial Chairman this year. I take this opportunity to extend a very warm & cordial welcome to each one of you to this wonderful meet of friendship & service 'Centennial Auriel Montebello'. I sincerely hope you will enjoy every moment of your stay& carry back home memories of sweet moments of sincere camaraderie and joy. Conferences serve as important learning platform for any organisation. We hope each one of you will go back with valuable learning.

The name for this Conference "Millennium Auriel Montebello" though seemingly long has been chosen after much contemplation. This year in 2024 our beloved organisation has completed a worthy journey of 100 years. So the word Centennial, Auriel depicts gold (the purest kind of metal) reflecting purity of our friendships & desire to serve humanity & Montebello, meaning nestled in the Serene pristine, beautiful mountains. I pray that the beautiful mountains help us to relive our moments of Joy and redefined dimensions of pure friendship and the will to serve.

Friends "Believe in Yourself" do not follow, where the path may lead. But as true Trailblazers go instead where there is No Path and Leave a Trail of Goodwill and Happiness. Your positive attitude combined with positive action will lead to Excellence. As success consists of going from failure to failure without loss of enthusiasm. Your dreams have the Power to Sharpen your Focus. You should be like the flowing River touching hearts on both sides of the banks.

Proper time management and precise planning are the twin pillars of success. Teamwork is the stepping stone to all glory. Together we can surpass all hurdles and the determination to serve those in need in unison will help us to accomplish Mission after Mission. A dream you dream together becomes a Reality. All India meets and Inter District programmes lead to a confluence of great ideas and social resources. The merging of common interests is fortunate for Inner Wheel Ideology. The synergy of our actions will become the most powerful tool to build a Nation as things will come together with the right ingredients of dedicated service, indomitable will, constructive spirit as we march together in the Centenary Year holding hands of like minded friends.

A Leader is one who Knows the Way, Goes the Way and Shows the Way. Be a visionary with more foresight than others. Be Inclusive, Be Kind as kindness causes misunderstanding and hostility to evaporate True Leaders leave their foot prints because of their persistent Hardwork, Innovative Ideas. Every TRAILBLAZER should have a Burning Desire to Lead, to Motivate and to Empower others for the greater good of the Society.

I am indeed very grateful to my Association leader Preeti Gugnani ji for accepting my invitation & being here. I also wish to thank her wholeheartedly for rendering her support & permission of organising the All India PDC and Friendship meet. I thank all the esteemed guests from other Districts for responding and being here to make this event a success. I extend my love & cordiality to each member of my home District. A big thank you for the Host club members for making all the arrangements for this eventful meet. Since taking up the responsibility of being a District Leader 23-24, I have tried humbly to the best of my abilities to complete the duties assigned to me.

We have together embarked on the Centennial Journey and worked hard to uplift the society and take District 324 to New Heights of Glory. I am proud of the achievements of all my golden girls who have done innumerable meaningful projects one after the other. A fruitful year with 2000 plus service projects for the first time in the history of District 324. Out of which 35 appeared on the International Page and 125 on the Association Page. Our Cancer Awareness Campaign. Zest for Zero Waste Projects made to the International Magazine. Wish you all the very best my dear friends for the New Journey of Life's New Chapter full of challenges, excitement, friendship, enthusiasm, energy and responsibilities. I pray to almighty to give us the strength to spread a Light of Love. Let's serve together to create a Benchmark history and bag more Laurels. Let us Shine A Light Around Us Always to bring about Positive Meaningful difference in the World and cause a Tsunami of Change.

**"Vision Without Action is Merely A Dream
Action Without Vision Just Passes Away
Vision With Action Can Change The World"
Let Us Be True Path Breakers**

**Yours in Service & Friendship
District Chairman (IW District 324)
Geeta Sarin**

INTERNATIONAL PRESIDENT'S MESSAGE



Mrs. Trish Douglas

IIW President

My Dear Friends,

It is with a great sense of honour that I take over the role of International Inner Wheel President

for our Centennial Year, a year in which, with your help, we can 'Shine a Light' on all the amazing work that we do in the name of Inner Wheel around the world.

I chose 'Shine a Light' because sometimes the light does not 'Shine' on all the marvellous projects we are involved in, this past year we have been asked to 'Work Wonders' now we have to 'Shine a Light' on all the work wonders we have done and will be doing in this very special year ahead.

An action goal for 'Shine a Light' - Support mental health and well being. The action goal is to raise awareness about mental health, provide support and resources for those struggling with mental health issues and promote a culture of self-care, empathy and compassion.

'Project Brighten Lives' - A centenary project to celebrate 100 years of Inner Wheel. An environmental project to fit with the resources of clubs or districts - 'Shine a Light' on improving public areas for community enjoyment; raising money to refresh or rebuild community facilities (money can be raised by clubs and districts to fund larger projects such as these) Simple projects to 'Shine a Light' on providing and maintaining gardens for public use or for enjoyment of residents in retirement homes, I'm sure all of us have a retirement home in our town, or a YMCA garden that needs refreshed, let us all 'Brighten Lives'.

In some countries Inner Wheel could 'Shine a Light' on school projects, ie planting trees, this helps our environment as our climate is changing rapidly- from unseasonal heatwaves and torrential rain to extreme floods, storms, wildfires and prolonged droughts.

My dear fellow members | wish you all well in this our Centennial Year, | know that you will all 'Shine a Light' throughout the world in the name of our wonderful organisation - Inner Wheel!

My love to you all,

**Trish Douglas
IIW PRESIDENT, 2023-24**

THE ASSOCIATION PRESIDENT'S MESSAGE



Mrs. Preeti Gugnani

Association President

"Just as a spring breeze awakens tender new shoots of green, sincere encouragement can thaw a frozen heart and instill courage. It is the most powerful means to rejuvenate the human spirit." -Daisaku Ikeda

DEAR DISTRICT LEADER

Hearty Congratulations for taking up the reigns as CENTENNIAL CHAIRMAN of your esteemed District for this milestone year 2023-24. Accept my warm wishes as you prepare to take up the responsibilities and challenges of your highest office at district level. This year, let us challenge ourselves to do more such projects and programs that have national reach and impact.

"डर मुझे भी लगा फां सला देख कर, पर मैं बढ़ता गया रास्ता देख कर, खुद ब खुद मेरे नज़दीक आती गई मेरी मंजिल मेरा हौं सला देख कर।"

A pyramid isn't built from the top down. The apex is attained only by laying strong foundation stones, one by one. The same is true of achieving a lofty objective. The crucial thing is to lay the first stone or to take the first step....I feel delighted to add to the foundation of your lofty objectives a sincere prayer & blessings of Lord Ganesha - To give you a clear & concise beginning illuminating your path of service above self.

वक्रतुंड महा काय, सूर्यकोटि समप्रभः । निर्विघ्नं कुरु मे देव शुभकार्येण सर्वदा

My Dear Champion, lead with Centennial vision & goals and remember that one is courage & other is focus which we have to continue living with to be victorious & happy. Let's build a smart Inner Wheel by Tech-Empowering each member, Ignite Literacy as Inner Wheel India Mission and with wings of Education Empower Girls to Enrich our Nation. Courage, strength and wisdom wells up in those who consciously take on everything as the protagonist and achieve their goals. Unlimited wisdom and ardent resolve arise from a sense of responsibility. Let us all be the Trailblazers of peace & growth in our society and make the torch of Inner Wheel shine bright with your star performance this year. Wish you a stupendous year shining with your brilliant achievements.

Best wishes & Regards

IIW VICE PREDIDENT'S MESSAGE



Mrs. Mamta Gupta

IIW Vice President

Dear District Chairman Geeta

I extend heartfelt best wishes for your District Conference. May this event be a celebration of unity, knowledge sharing, and camaraderie. We are celebrating our centennial year and I appreciate the outstanding work done by the clubs under your able leadership.

Eight months have passed since we embarked on this journey, and the progress we have made this far is a testament to the unwavering commitment of the District team and club presidents. District conference provides a platform to showcase the incredible impact that the clubs have made and introspection on what has to be done. Clubs are truly shining a light on the lives of the needy under your able guidance.

It's an opportunity to inspire others and to set the benchmark for the next hundred years of remarkable service.

As you prepare to mark this historic milestone, I'd like to share a quote that has always inspired me and serves as a reminder of the extraordinary potential we have within our organization: "The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt

In these hundred years of service, we have dreamed, believed, and realized countless aspirations. This year we are celebrating 100 years of service to the people of this world. 100 years of relentless hard work, tenacity, passion and perseverance.

Through this newsletter, I request each member to join us at the IIW Convention! It's not just an event—it's a transformative journey where diverse minds unite, dreams flourish, and connections spark change. Your presence matters. Be a part of this global convergence and ignite your passion for empowerment and positive impact. See you there, shining brightly amidst a constellation of hearts!

We are celebrating 19th IIW Convention from 7th to 10th May 2024. I urge you to join the convention and motivate other members to join in a large number to witness a lifetime opportunity.

May the PDC and friendship meet be a resounding success, filled with insightful discussions and fruitful outcomes. I want to thank each member of District 324 for their unwavering dedication and passion. It is with this commitment that we have completed a hundred remarkable years. Let us continue to write our story of change, one act of kindness at a time.

**Mamta Gupta,
Vice President,
International Inner Wheel**

IIW TREASURER'S MESSAGE



Mrs. Sarita Lunani

IIW Treasurer

Dear District 324 Chairman Geeta Sarin,

"The more we let our lights shine, the more love and light we see in the world around us..."

I am penning a few lines for your District Souvenir with great joy in my heart. The souvenir is a window to showcase the programs and activities of your District.

I only know of a few people that can inspire others to achieve greatness. You are one of those people dear Geeta. Your drive and passion are infectious. It's hard to find someone who puts their whole heart into everything they do. It's one thing to have dreams, but it's another to take action and turn those dreams into a reality. You are not only a dreamer; you are a doer. Watching you achieve this goal fills my heart with joy. With the amount of love and passion you show towards your work, it's no wonder why you've been able to organise very successful projects in your District. Congratulations on your outstanding achievement! You are an inspiration.

On your way to success, not everyone will stop and praise your achievements. But I want you to know that I'm always here watching and cheering for District 324. What you are able to accomplish with the help of your District EC, Club Presidents, PDCs never cease to amaze me.

Congratulations!

"Nothing can dim the lights that shine from within..."

Involve...Inspire...Illuminate...Inner Wheel!!!

Sarita Lunani

International Treasurer 2023-24

Each One - Join One

IIW EDITOR'S MESSAGE



Mrs. Prabha Raghunandan

IIW Editor & Media Manager

Dear District Chairman Geeta and all members of D324,

Inner Wheel greetings to all!

Congratulations Geeta for heading the District in this Centenary year with enthusiasm! I remember you as Club President when I was Association President and inaugurating a Happy School on arrival in Shillong. Now as then the joy of working is evident in your approach.

It has been wonderful observing all the wonderful work clubs of D324 as I get it for IIW postings. Congratulations to all Club leaders and members for their efforts to SHINE A LIGHT all the time. Kudos!

I would like to use this opportunity to congratulate the District for hosting the PDC friendship meet. I wish the Convenors District Chairman, EC and organizing committee all the very best. I look forward to joining you all.

My warm regards to all the PDCs who have been my friends for so many years, my batchmate Kumkum, 2016-17 DC Pubalee and ACM Sudha, Moushumi Anmona, Dr Wasima Bunty, Mira Pushpa Sumita, Kakoli, I am afraid if I write all the names of PDCs I can recall I will fill a page! My warmest regards to all. To all my many friends, I have made through the years, sharing a thought- Utsāho Balavānārya –Enthusiasm is Might'

Keep your enthusiasm, keep the zest and joy for life and Inner Wheel always. Inner Wheel gives you more than you can ever Inner Wheel. Take it from someone who has been a member for the major part of her life! Continue on the path of Friendship and Service in the Centenary year of Inner Wheel. Create a legacy for the future.

Enjoy Inner Wheel

Warm Regards

Prabha Raghunandan

IIW Editor & Media Manager 2023-24

IMMEDIATE PAST ASSOCIATION PRESIDENT'S MESSAGE



Dr. Surjit Kaur

IPAP & IPNR

Dear District Chairman Geeta and all the Inner Wheel Members of District 324

It gives me immense pleasure to convey my best wishes as all of you gather at the Centennial Golden Conference - 'Millenium Auriel- Montebello'.

Under the Dynamic Leadership of Geeta Sarin the District 324 has made its mark with the commendable projects and activities taken up all the Centennial Year - thereby Shining a Light on each and every pocket of the Society !

The Events organised in the District not only display the rich cultural heritage and Inner Wheel Spirit but also spread an air of camaraderie in the beautiful ambience of the serene landscape.

My best wishes for the publication of 'Aikyam' - the Bulletin of the Centenary Year. I am sure it would showcase all the Activities of the Year.

You all have been true Trailblazers who have taken up the noble mission of carrying ahead the legacy of the wonderful organisation - Inner Wheel.

I extend my hands of friendship to all of you. Let us together cherish and celebrate Inner Wheel.

Dr.Surjit Kaur

**Immediate Past Association President & Immediate Past National Representative
Association of Inner Wheel Clubs in India**

NATIONAL EDITOR'S MESSAGE



Mrs. Sonal Bansal

National Editor

**Try not to become a man of success, but rather become a man of value.”
—Albert Einstein.**

Dear Friends,

“Warmest greetings to you and your loved ones on this joyous festival! May this special occasion be filled with happiness, prosperity, and cherished moments. Wishing you a wonderful celebration and a year ahead brimming with success, good health, and boundless joy. Happy festivities!”

It is a great pleasure to pen a few words to you and your vibrant District for Golden District Souvenir “ AIKYAM” . I am sure the Bulletin will reflect the luminous achievements.....

I witnessed promising talents and dedication towards Inner Wheel..... members of IWD 324....since last so many years.... Dear District Chairman Mrs. Geeta Sarin , District Editor Mrs. Sweta Agarwal , your touch of skill and experience joined with a vision, will certainly result in a wonderful outcome.....Souvenir plays a vital role....as an effective means of communication....Congratulations for a Super Successful Eight Monthsdear Sweta, Your tireless efforts reflect your deep passion and commitment.

Best wishes for a super successful District Conference and All India PDC Meet.

IWD 324 , always be in the forefront, with workaholic District Executive Committee Members , Strong Pillar PAS Mrs. Sumita Som , experienced and dedicated PDC’s.....Pearl Diamond and Corals.....very focused Past Presidents and energetic members.....

I wish you all Happy Hearts, Good Health, Cheerful thoughts , Busy hands, Pure minds , where God resides !!!

BE THE GAME CHANGER

CREATE YOUR OWN SUNSHINE

Enjoy Friendship.....

Enjoy Inner Wheel.....

Long live Inner Wheel.....

Sonal Bansal

National Editor

Association of Inner Wheel Clubs In India

ROTARY DISTRICT GOVERNOR'S MESSAGE



Rtn. Nilesh Kr. Agarwal

District Governor

To,
Mrs Geeta Sarin
District Chairman 23-24
IWD 324

Esteemed Members of the Inner Wheel District Conference

Rotary Greetings!!

I am glad to learn that Inner Wheel District 324 is having its GOLDEN District Conference under your dynamic leadership and District Souvenir "AIKYAM" will be released to mark the occasion. As you all come together for this momentous occasion, embrace the spirit of camaraderie and purpose that defines this remarkable Organisation. Let this Conference serve as a platform to reflect on shared journey, celebrate collective achievements and chart a course for the future.

In the tapestry of service each one of you has woven threads of compassion, dedication and resilience. Your commitment to make a meaningful impact in the lives of others resonates in the heart of communities for and wide.

This conference will be a testament to the power of collaboration and the strength that lies in your Unity. You all are here not only as representatives of your clubs but as ambassadors of positive change.

As you navigate the diverse workshops, presentations and interactions, cultivate bonds that will endure beyond these days fostering a stronger and more interconnected Inner wheel community. Wish the Conference all success. Together you can create a world steeped in understanding, goodwill and peace.

Warm regards
Rtn Nilesh Kumar Agarwal
District Governor,
RI District 3240

DISTRICT EXECUTIVE COMMITTEE



Mrs. Kakoli Choudhury

AC Member

Dear D.C. Geeta, DEC Members and all my Inner Wheel sisters,

Let me begin my message by appreciating the name of the event, Advaita Aikyam. What a beautiful concept. Advaita and Aikyam are profound philosophical concepts deeply rooted in Indian thought. Advaita, meaning non duality and Aikyam meaning unity are two facets of the same coin. Advaita emphasises the interconnectedness of all life forms. Arkham complements advaita by highlighting the idea of unity in diversity.

Embracing the principles of non-duality and unity in diversity can be a transformative journey. Our organisation is committed towards promoting harmonious coexistence fostering understanding, empathy and respect among individuals and communities.

Inner Wheel achieves this by promoting cultural awareness and education to help people understand and appreciate diverse backgrounds, traditions and customs. Inner Wheel creates inclusive spaces that welcome people from all backgrounds. Inner Wheel also encourages community engagement and participating in activities, events and initiatives that bring people together.

Congratulations for the journey that you have embarked on and all my good wishes are for the adventure you have undertaken. Carry on and give it your best shot.

God bless you.

Kakoli Chowdhury

AC Member



Mrs. Anindita Dey

District Vice Chairman

Warm Inner Wheel Greetings!

It's a proud privilege for me to be a part of our Centenary District Souvenir 'Aikyam' which means Unity, harmony and oneness.

Inner Wheel is a right platform which showcases unity in diversity where all the women across the world come together for a common cause, Service through Friendship. This year as we celebrate 100 years of Friendship across the globe there is a deep satisfaction and gratitude for being able to be a part of this beautiful organisation which brightens up lives in more ways than we can imagine.

Conference Souvenir is a perfect platform to showcase the noble work all the clubs carries out. I congratulate District Editor Sweta for bringing out a wonderful illustration.

May we all rise and shine in Inner Wheel and continue to touch lives for more 100s of years to come!

**Best wishes,
Anindita Dey
District Vice Chairman**



Mrs. Pinki Agrawal

District Secretary

As we gather to commemorate the centennial celebration of Inner Wheel, I am filled with a profound sense of pride and gratitude. As the District Secretary, it is an honor to contribute to our District Souvenir AIKYAM, a testament to our enduring legacy of service, friendship, and community betterment. This year marks not just another chapter in our journey but a milestone of 100 years of global unity and local service.

This centennial celebration is a reflection of the extraordinary dedication of each member who has contributed their time, resources, and heart to our cause. It is also a moment to acknowledge the evolution of our organization, as we have adapted and grown to meet the needs of the communities we serve.

My heartiest congratulations to Dist Editor Sweta Agarwal for coming out with the centennial edition of Dist souvenir AIKYAM. I extend my deepest appreciation to all our members for your passion and perseverance. Your efforts have been the cornerstone of our success and the reason we stand strong today. To our supporters, your encouragement and collaboration have amplified our reach and enhanced our ability to make a lasting difference. As we commemorate this landmark anniversary in our Souvenir AIKYAM, let it serve as both a celebration of our achievements and a commitment to our future. May it inspire us to continue our work with renewed vigor and vision, embracing new challenges and opportunities with open arms.

Together, let us honor our rich legacy by forging ahead with hope, courage, and unity. Here's to the next 100 years of Inner Wheel, as we continue to make a difference in the world through "SHINE A LIGHT", one community at a time.

**With warm regards
Pinki Agrawal
Dist Secretary**



Mrs. Manisha Garg

District Treasurer

From Joan of Arc, to Harriet Tubman, to Oprah- herstory is full of famously strong women. As an unstoppable collective force, women gained the right to vote, made countless major scientific breakthroughs, and raised whole generations. 50%of the world's population is female. The data shows it and it's made that way for ecological purposes.

It's time women are recognised for their presence in all fields. They have been given equal status to be born then why not they be given equal rights and equal opportunities to grow. If both men and women work together without prejudice the whole world will develop many folds. The world needs strong women.

"Women who will lift and build others, who will love and be loved, women who live bravely, both tender and fierce, women of indomitable will." - Amy Tenney.

Inner wheel is one such organization which gives women the wings to fly.To gain from friendship with other women and to give back to the society and the world at large.

My journey of 8 years in Inner Wheel has made me evolve as a better and stronger person. I am here to stay in this world's leading social organization forever. Long live Inner Wheel Long live district 324

**Yours in friendship and service
Manisha Garg
District Treasurer**



Mrs. Rita Bajla

District ISO

Warm greetings to Inner Wheel members,

It is an honour for me to serve as the district iso in the centennial year . I am filled with immense joy and gratitude to be a part of such a remarkable organization. Working in collaboration with my team mates, i try to the best of my capacity to serve and make a difference in the lives of other individuals. Through various projects ,under the able guidance of our association president preeti gugnani and district chairman geeta sarin, we are trying to uphold the values and principles of inner wheel .

There is no dearth of inspiration around me. This platform has given me the opportunity to observe proficient leaders and learn from their experiences. What i have gathered is that the key to a great leader is one who not only takes tough decisions but also compassionate enough to care for one's team members.

This milestone year has propelled me to work with renewed vigor and dedication. I have been fortunate to expand my circle of friends, interact across the country, through my position as district iso. Meeting like minded people helped me develop social skills. Moving forward i would continue to offer my services to inner wheel with unwavering passion

Yours in friendship and service

Rita Bajla

District ISO



Mrs. Sumita Som

District ESO

Friends,

Accept my Inner Wheel greetings.

The Inner Wheel, marking its centenary, embodies a legacy of service and sisterhood globally, with its origins dating back to Margarete Golding's founding in Manchester in 1924. In India, Inner Wheel's impact spans a century, championing women's rights and social causes. Its philanthropic endeavors have focused on education, healthcare, and community development, leaving an indelible mark on Indian society. Across 100 countries, Inner Wheel's expansion underscores its commitment to cross-cultural understanding and international cooperation, exemplified through humanitarian aid and environmental initiatives.

In the North East region of India, Inner Wheel clubs have been instrumental in addressing social issues and promoting women's empowerment. Despite challenges, they have established schools, healthcare facilities, and vocational training centers, supporting local artisans and entrepreneurs while prioritizing environmental conservation and disaster relief efforts. Inner Wheel's presence fosters cultural exchange, harmony, and positive change in diverse communities, reflecting its enduring impact in the region. I applaud our Dist Chairman Geeta Sarin for her undaunted effort to keep the flag of Inner wheel of District 324 flying high .

Our Association President Preeti Guglani's contributions to Inner Wheel exemplify the organization's ethos of service and empowerment. Through her leadership, she has spearheaded projects addressing social disparities, inspiring collaboration and collective action. Preeti's dedication aligns with Inner Wheel's values, making her an invaluable member and catalyst for change within the organization.

Overall, Inner Wheel's journey over a century, both in India and globally, underscores its commitment to making a positive difference in the lives of women and communities through service, solidarity, and empowerment.

I take this opportunity to congratulate Sweta Agarwal „Dist editor for compiling the centenary souvenir

Long live Inner Wheel

Sumita Som

ESO, Dist 324 2023-24

Past Honorary Association Secretary 2020-21



PDC Mrs. Moushumi Chatterjee

DLCC

Dearest Sweta District Editor 2023-24 (Dist 324) & my sisters in Inner Wheel,

I am truly honoured & privileged to be able to pen down a few heartfelt words for this prestigious Souvenir. Thank you. At the very outset, I would like to extend my heartiest warm greetings to each one of the members of this beautiful IW District 324. I wish the Conference all success... I sincerely hope it will be a meaningful exercise in a healthy exchange of ideas, knowledge & expertise which will enable our District to grow, prosper and shine. May the delegates travel back with a treasure trove of happy joyous moments.

As a DLCC, I feel extremely happy & enriched to have witnessed a spontaneous, active participation of our club members throughout the District which has enabled a noteworthy growth & purpose in upholding the ideals set up by IILM, Siksha 360. The growth of 35 plus Happy schools, support in terms of teachers training, recognition of noteworthy mentors, infrastructural growth, provision of school stationaries, scholarships, observance of special dates, huge number of adult training centres add credence to this. My sincere gratitude goes out to our District Leader Geeta Sarin ji for reposing her faith in me, Association Leader Preeti Gugnani ji for all the inspiration, ZLCC PAP, Mamta Aggarwal ji for her constant interest & support & last but not the least you Sweta as a District Editor for extending help, whenever asked for. I can never forget the huge inspirational influence I personally gained on meeting our world leader Trish Douglass at MDR, Mahaballipuram. Such a bundle of energy, confidence, poised elegance & friendliness. Mam, we wish you good health & happiness wherever you go.

Our Club Presidents have been truly amazing in the execution of their duties & have met their deadlines with such precision. A big, big, round of applause for these amazing leaders. Executive committee member, Literacy committee Anmona & myself extend our gratitude to all the club members who have taken pains to make IILM dreams a reality.

But as Robert Frost says"

The woods are lovely, dark and deep

But I have promises to keep

And miles to go, before I sleep

And miles to go before I sleep "

Quite a few noteworthy milestones has been achieved by our District this year in the realm of Siksha360... yet so much more has to be done. Education like health & food are the prime areas where we have to keep on working. I am afraid, we have to put in the same committed effort for a span of few more years to be able to achieve the dream envisioned by our leaders.

As for you the conference & Friendly meet organisers, I do not harb an iota of doubt that you will not leave the smallest of stones unturned to make this Conference, the Souvenir & Meet.... an event worth remembering. I wish to extend my love & good wishes to each one of you host club members.

Thanking you,

Yours sincerely,

In friendship & service, Sister in Wheel,

PDC Moushumi Chatterjee



PDC Mrs. Mira Oberoi

DISTRICT CCC

It is indeed a proud moment for us to be present to witness the centennial celebration of our organization INNER WHEEL.

We have to thank our founder Margaret Golding for her vision and giving us this beautiful platform from where we are able to serve the society.

Today Inner Wheel has come a long way encompassing more than 100 countries and our work is being recognized by all.

Inner Wheel district 324 has also expanded and all are doing a commendable job for the under privileged strata of the society.

I congratulate all the members for the efforts put in to serve in whatever way they can do best. carry on the good work and touch new heights, I am confident that with unwavering dedication and commitment we will continue to thrive and uplift communities in our district and beyond

**With best wishes
PDC Mira Oberoi
IWC Gangtok**



PDC Mrs. Bharati Datta

Past District Chairman

Dear Inner Wheel Sisters

It is really a very happy occasion that we will again gather together for our 32nd District Conference "MILLENNIUM AURIEL MONTEBELLO" on 9th March 2024 & All India PDC Meet on 10th March 2024 at Mechi.

A district conference is for all club members, not just for only club officers and committee members. The purpose of a district conference is for fellowship, good fun, inspirational speakers and discussion of matters, which make one's IIW membership more meaningful.

This year is a remarkable year for all of us. This is the Centenary year of our prestigious International organisation.

The 100th Birthday of International Inner Wheel will be the greatest opportunity to expand the public image of Inner Wheel we have ever had! There isn't a corporation in the entire world which wouldn't say – "What an Opportunity! Let's tell the world about our product, service, enterprise, or organization." Public celebration of a major anniversary is an absolutely fantastic opportunity. It is an opportunity, which only knocks every hundred years, so we had better be ready to answer the door.

This is our chance to tell the world what Inner Wheel is. This is the chance to demonstrate what Inner Wheel does. This is the chance to make that Inner wheel known by every man, woman and child in the world. Let's tell the world that International Inner Wheel started the "Service Club Movement – one of the greatest humanitarian activities of the 20th Century by women "

The observance of our 100th Anniversary in 2024 is not just to light the candles and eat the cake – it is our greatest opportunity to enhance the public image of International Inner Wheel

Our DC has chosen a beautiful town Mechi for her Conference. It is in our neighboring country Nepal which is rich in its natural beauty. Under the able leadership of District Chairman Mrs. Geeta Sarin, the host club President Mrs. Rita Majumdar & all the lovely members of IWC Siliguri Uttarayan are working very hard to make us comfortable. After the Business Session & Tea Break they have organized few Competitions & Fellowship Dinner.

I am confident it will be enjoyed by all of us.

Next day, 10th March, will be All India PDC Meet. This is the 1st time our District will host one National level program. I am sure it will also be very enjoyable & successful one.

PDG Dr. Salil Datta joins with me to wish the Conference & PDC Meet at Mechi a grand success. Pray to God that the weather is perfect for a memorable conference & all India PDC Meet.

With love,

Mrs. BHARATI DATTA

Past District Chairman 1995-96

DISTRICT CONFERENCE COMMITTEE

**32nd District Conference 2023-24
IWD-324**

MILLENNIUM AURIEL MONTEBELLO MEET

Host Club- IWC Uttorayon

Venue- Hotel Mechi Crown | Date- 9th & 10th March 2024

ORGANIZING COMMITTEE



GEETA SARIN
District Chairman



PINKI AGARWAL
District Secretary



RITA MAJUMDAR
Host Club President



NEERA MITTAL
Host Club Secretary
& Conference Secretary



DONA BANERJEE
Host Club Treasurer &
Conference Treasurer



SHANTI PARIK
Conference Chairman



RASHMI ALAMPURIA
MOC

TANEIRA

Exquisite handcrafted sarees



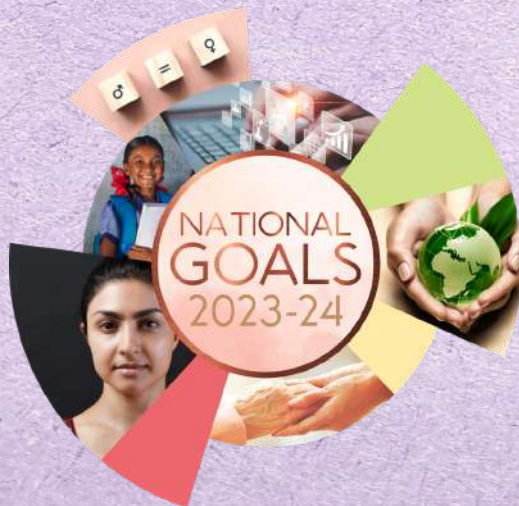
Wedding Weaves

Celebration sarees handcrafted in pure silk

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IWC ASANSOL



SCHOOL BAGS AND STATIONERY DISTRIBUTION

Amount Spent - Rs.24000



CANCER AWARENESS WITH THE SLUM DWELLERS

Amount Spent - Rs.1500



ROAD RALLY ON INTERNATIONAL DISABILITY DAY

Amount Spent - Rs.3000



HELP FOR THE HOMELESS HANDICAPPED

Amount Spent - Rs.3200



HEALTH CARE FOR VILLAGERS

Amount Spent - Rs.7000



CARE FOR ELDERLY PEOPLE

Amount Spent - Rs.4500

Club President
Babli Ganguli

Club Secretary
Rabindar Kaur Wadhwa

Club Editor
Ranjeet Kaur

IWC ASANSOL GREATER



HEALTH CHECKUP CAMP AT MAA DURGA OLD AGE HOME
Amount Spent - Rs.2000



CONSTRUCTION OF VAT AT OUR ADOPTED SCHOOL
Amount Spent - Rs.5500



INSTALLATION OF WATER PURIFIER AT OUR ADOPTED SCHOOL
Amount Spent - Rs.6000



ADOPTED A GIRL CHILD FOR HER EDUCATION
Amount Spent - Rs.2000



BRANDING INNER WHEEL
Amount Spent - Rs.1000



SUPPORTED BREAST FEEDING MOTHER
Amount Spent - Rs.1200

IWC BONGAIGAON



HAPPY SCHOOL
Amount Spent - Rs.75000



GO GREEN - 100 TREE PLANTATIONS
Amount Spent - Rs.25000



RESPECT TO WOMEN
Amount Spent - Rs.3000



WORLD MENTAL HEALTH DAY
Amount Spent - Rs.7250



UMBRELLA DISTRIBUTION
Amount Spent - Rs.4500



INTERNATIONAL DAY OF GIRL CHILD
Amount Spent - Rs.12000

IWC DARJEELING



MAJOR PROJECT MOTHER & CHILD CARE

Amount Spent - Rs.72000



SUPPORT YEARLY TO CONGRESS SCHOOL

Amount Spent - Rs.36000



FREE EYE CAMP

Amount Spent - Rs.7000



TRAINING FOR BEAUTICIAN COURSE TO 6 LADIES

Amount Spent - Rs.4800



JOY RIDE IN TOY TRAIN

Amount Spent - Rs.48000



DONATED 3 COMPUTERS

Amount Spent - Rs.55000

IWC DIMAPUR



DISTRIBUTION OF DAISY PLAYERS TO BLIND PEOPLE

Amount Spent - Rs.238000



HAPPY SCHOOL

Amount Spent - Rs.180000



MEDICAL CAMP IN HAPPY VILLAGE

Amount Spent - Rs.80000



BREAST FEEDING KISOK IN DIMAPUR RAILWAYS STATION

Amount Spent - Rs.45000



HELLO MELLO PROGRAM WITH SENIOR CITIZEN

Amount Spent - Rs.90000



CANCER AWARENESS TALKSHOW

Amount Spent - Rs.12000

IWC DULIAJAN



BREASTFEEDING KIOSK

Amount Spent - Rs.23000



SPORTS MEET

Amount Spent - Rs.2000



OPENING A FRUIT GARDEN AT DULIAJAN COLLEGE

Amount Spent - Rs.2000



SENIOR CITIZEN MEET AT ADOPTED VILLAGE

Amount Spent - Rs.6000



HAPPY SCHOOL AT ADOPTED VILLAGE

Amount Spent - Rs.4000



SANITARY NAPKINS DISTRIBUTED AT ADOPTED VILLAGE

Amount Spent - Rs.6000

IWC DIBRUGARH



PRERNA KENDRA VOCATIONAL TRAINING CENTRE

Amount Spent - Rs.20000



BREASTFEEDING KIOSK AT RAILWAY STATION

Amount Spent - Rs.60000



PROJECT "JOY" - TOY BANK AT PEDIATRICS CANCER WARD

Amount Spent - Rs.7000



FACILITATING SUPPLIES FOR BLIND CHILDRENS

Amount Spent - Rs.35000



ADOPTION OF VILLAGE ALONG WITH FULL DEVELOPMENT

Amount Spent - Rs.46000



ASHA KIRAN - A WEAVING CENTRE LAUNCHED AT CENTRAL JAIL

Amount Spent - Rs.17000

IWC DURGAPUR



SMART CLASS AT HAPPY SCHOOL

Amount Spent - Rs.50000



ADOPTED HAPPY SCHOOL

Amount Spent - Rs.300000



SPECIALLY DISABLED CHILDREN HOPE SCHOOL CULTURAL PROGRAMME

Amount Spent - Rs.40000



HELD TRANSGENDER FASHION SHOW

Amount Spent - Rs.100000



HELP THE FLOOD AFFECTED PEOPLE OF SIKKIM

Amount Spent - Rs.150000



CONTINUOUSLY TAKE CARE & PERMANENT PROJECTS AT OLD AGE HOME

Amount Spent - Rs.40000

IWC DURGAPUR GIVA



BREAST FEEDING KIOSK

Amount Spent - Rs.35000



ARTIFICIAL LIMB DONATION

Amount Spent - Rs.29500



CHILD ADOPTION

Amount Spent - Rs.24000



CERVICAL CANCER AWARENESS PROGRAMME

Amount Spent - Rs.5000



EYE CHECK UP CAMP

Amount Spent - Rs.10000



ORGANISED MARATHON 5K DURGAPUR 2024 & DIABETIC RUN

Amount Spent - Rs.10000

IWC GANGTOK



MARATHON

Amount Spent - Rs.100000



ECO BENCHES

Amount Spent - Rs.80000



ANTI SPITTING CAMPAIGN

Amount Spent - Rs.50000



CALMED PROJECT

Amount Spent - Rs.500000



IGNITE- ANNUAL EVENT

Amount Spent - Rs.150000



UDAAN -ANNUAL EVENT

Amount Spent - Rs.250000

IWC GANGTOK ORCHID



"BACK TO BOOKS " SETUP OF LIBRARY



"AABHAR" PHYSIOTHERAPY AND HOMEOPATHY CAMP AT OLD AGE HOME



"SAVE THY PLANET"--ANTI SPITTING CAMPAIGN



"ENRICH AND EMPOWER" SCHOOL UNIFORM FOR GIRL CHILD



"SANMANN" LITERARY AND TEACHERS DAY.

IWC GUWAHATI EAST



**DONATION OF FOOD AND FRUITS AT
CANCER CARE CENTER 'DEEPSIKHA'**

Amount Spent - Rs.1500



**INDEPENDENCE DAY CELEBRATION
WITH SCHOOL CHILDREN**

Amount Spent - Rs.3000



ENVIRONMENT PROTECTION PROGRAM

Amount Spent - Rs.5500



**DONATION OF FOOD ITEMS FOR THE BPL
STUDENTS**

Amount Spent - Rs.4000



TREE PLANTATION IN SCHOOL

Amount Spent - Rs.3000



**WOMEN EMPOWERMENT & SKILL
DEVELOPMENT**

Amount Spent - Rs.5000

IWC HAILAKANDI



ENCOURAGING WOMEN ENTREPRENEURS.

Amount Spent - Rs.5000



BRANDING-KHEER DISTRIBUTION DURING DURGA PUJA

Amount Spent - Rs.5000



INTERNATIONAL INNERWHEEL DAY. PAINTING OF HAPPY SCHOOL.

Amount Spent - Rs.15000



DIWALI WITH DISABLED.

Amount Spent - Rs.3000



YOGA DAY

Amount Spent - Rs.8000



CHILDREN'S DAY

Amount Spent - Rs.3000

IWC JALPAIGURI PEHCHAN



SUPPORTED A YOUNG GIRL WHO IS BOTH DEAF AND MUTE

Amount Spent - Rs.5000



DISTRIBUTION OF SANITARY NAPKINS IN THE ADOPTED VILLAGE.

Amount Spent - Rs.3000



FLAGS EXCHANGE BY OUR ISO FROM DR URMILA MALU JI (MAHARASTRA)



SWEATER DISTRIBUTION BY OUR DC MA'AM AND MEMBERS

Amount Spent - Rs.5000



KHICHDI DISTRIBUTION FOR 200 NEEDY CHILDREN

Amount Spent - Rs.4500



SIKKIM FLOOD RELIEF WITH THE HELP MARWARI YUWA MANCH

Amount Spent - Rs.5100

IWC JIRIGHAT



DISTRIBUTED WATER CHOCOLATE AND BISCUITS TO THE CHILDREN



CELEBRATED REPUBLIC DAY
Amount Spent - Rs.5000

“

Not all of us can do great things.
But we can do small things with great love
-Mother Teresa

”

IWC JORHAT



SUPPORT FOR EDUCATION- SCHOLARSHIP

Amount Spent - Rs.25000



SUPPORT FOR EDUCATION OF GIRL CHILD

Amount Spent - Rs.5000



SUPPORT FOR PURSUING HIGHER EDUCATION

Amount Spent - Rs.5000



INFRASTRUCTURAL SUPPORT FOR ADOPTED SCHOOL

Amount Spent - Rs.60000



HEALTH CHECK UP CAMP IN ADOPTED VILLAGE

Amount Spent - Rs.5000



CASH INCENTIVE PROVIDED TO TEACHERS OF ADOPTED SCHOOL

Amount Spent - Rs.5000

IWC KARIMGANJ



**INTERNATIONAL LITERACY DAY
OBSERVED IN RAM KRISHNA MISSION**
Amount Spent - Rs.4000



**FOOD DISTRIBUTION AT HOSPITAL
ON INDEPENDENCE DAY**
Amount Spent - Rs.3000



**BLANKET DISTRIBUTION AT OLD
CITIZEN HOME BROIGRAM**
Amount Spent - Rs.5500



**ADOPTED THE OLD AGE
HOME FOR A YEAR**
Amount Spent - Rs.5000



**DISTRIBUTION OF WATER AND
PRASAD ON DURGA PUJA**
Amount Spent - Rs.10000



DISTRIBUTION OF SANITARY PAD
Amount Spent - Rs.4000

IWC MALDA



GO FOR GREEN- TREE PLANTATION

Amount Spent - Rs.2000



BREAST FEEDING WEEK CELEBRATION

Amount Spent - Rs.8000



LITERACY & PEACE DAY CELEBRATION

Amount Spent - Rs.4000



EXHIBITION BY THE SEWING SCHOOL STUDENTS

Amount Spent - Rs.4300

“

A life not lived for others is not a life
-Mother Teresa

”

IWC PINE CITY SHILLONG



SPIT FREE SHILLONG
Amount Spent - Rs.12500



**INDEPENDENCE DAY CELEBRATION -
ADOPTION OF VILLAGE**
Amount Spent - Rs.14000



**FINANCIAL LITERACY WEBINAR AT THE
ADOPTED VILLAGE**
Amount Spent - Rs.4000



**BREAST CANCER AWARENESS AND
SELF DETECTION**
Amount Spent - Rs.900



**DISTRIBUTION OF ECO-FRIENDLY
REUSABLE SANITARY NAPKINS**
Amount Spent - Rs.14000



PLANT DONATION
Amount Spent - Rs.14000

IWC SILIGURI SAVVY



ATMANIRBHAR: DONATED 14 SEWING MACHINES
Amount Spent - Rs.96000



SUPPORT TO DISABLED
Amount Spent - Rs.89000



ICDS CENTRE RENOVATED
Amount Spent - Rs.20000



HELLO MILLO- WORKSHOP AND SEMINAR
Amount Spent - Rs.60000



VARTALAAP: A SEMINAR OF 3000 TRANSGENDERS
Amount Spent - Rs.10000



HAPPY SCHOOL
Amount Spent - Rs.260000

IWC SANTINIKETAN



100 TREE PLANTATION



BLANKET DISTRIBUTION

Amount Spent - Rs.5200



CHILDREN'S DAY CELEBRATION

Amount Spent - Rs.1100



INTERNATIONAL LITERACY DAY

Amount Spent - Rs.2300



CHILD RIGHTS WEEK RALLY

Amount Spent - Rs.1200



HELLO MILO PROGRAM AT OLDAGE HOME

Amount Spent - Rs.1200

IWC SHILLONG



ADOPTION OF SCHOOL FOR THE DISABLED
Amount Spent - Rs.80000



VILLAGE ADOPTION FOR CHILD AND ADULT LITERACY



INSTALLATION OF INCINERATOR TO PROMOTE WOMEN'S HEALTH AND HYGIENE



SETTING UP OF SPIT-BINS TO ENSURE A CLEAN SOCIETY



HELLO MILO - TAKING CARE OF THE ELDERLY



BREAST FEEDING KIOSK

IWC SILCHAR SAHELI



TEACHER'S FELICITATION PROGRAMME
Amount Spent - Rs.3000



HAPPY SCHOOL
Amount Spent - Rs.10000



QUIZ COMPETITION ON REPUBLIC DAY
Amount Spent - Rs.2800



SEWING CENTRE
Amount Spent - Rs.3400



ADULT LITERACY CENTRE
Amount Spent - Rs.6300



ART AND DANCE COMPETITION
Amount Spent - Rs.2800

IWC SILIGURI



**HANDMADE BIODEGRADABLE
SANITARY NAPKIN MANUFACTURING**

Amount Spent - Rs.150000



HAPPY SCHOOL

Amount Spent - Rs.187370



**MEGA HEALTH CHECK-UP CAMP FOR
LESS PRIVILEGED CHILDREN**

Amount Spent - Rs.41500



**SPONSORED THE ANNUAL SPORTS
OF DIFFERENTLY ABLED CHILDREN**

Amount Spent - Rs.19950



**INTER SCHOOL SIT & DRAW
COMPETITION**

Amount Spent - Rs.9000



**SCHOOL BAG, SPORTS KIT, AND
HARMONIUM DISTRIBUTION**

Amount Spent - Rs.38000

IWC SILIGURI MIDTOWN



BREAST FEEDING KIOSK
Amount Spent - Rs.50000



MEGA BLOOD DONATION CAMP
Amount Spent - Rs.10000



IILM - HAPPY SCHOOL



SUPPORTED TRANSGENDER SOCIETY



COACHING CENTER FOR UNDERPRIVILEGED WOMEN



BRANDING IN DARJEELING HIGHWAY

IWC TINSUKIA



ART COMPETITION FOR CHILDREN

Amount Spent - Rs.3000



VILLAGE ADOPTION & DISTRIBUTION OF ECO FRIENDLY BAGS

Amount Spent - Rs.3000



SEMINAR ON GIRL EMPOWERMENT, HEALTH & HYGIENE

Amount Spent - Rs.1000



HEALTH CHECK UP CAMP

Amount Spent - Rs.3000



BRANDING OF INNER WHEEL

Amount Spent - Rs.5000



DANCE COMPETITION FOR CHILDREN

Amount Spent - Rs.3400

IWC TINSUKIA MITRA



ART COMPETITION FOR CHILDREN

Amount Spent - Rs.3000



VILLAGE ADOPTION & DISTRIBUTION OF ECO FRIENDLY BAGS

Amount Spent - Rs.3000



SEMINAR ON GIRL EMPOWERMENT, HEALTH & HYGIENE

Amount Spent - Rs.1000



HEALTH CHECK UP CAMP

Amount Spent - Rs.3000



BRANDING OF INNER WHEEL

Amount Spent - Rs.5000



DANCE COMPETITION FOR CHILDREN

Amount Spent - Rs.3400

IWC SILIGURI UTTORAYON



SPONSORED 100 CATARACT SURGERIES
Amount Spent - Rs.200000



STAND POLE WITH IW LOGO
Amount Spent - Rs.20000



NUTRITIONAL FOOD BASKETS FOR TB PATIENTS
Amount Spent - Rs.100000



SPONSORED 100 DIALYSIS
Amount Spent - Rs.110000



E-LEARNING CENTRE FOR BLIND
Amount Spent - Rs.80000



DRINKING WATER STATION
Amount Spent - Rs.70000

IWC UTTORAYON AURA



BREAST FEEDING KIOSK
Amount Spent - Rs.50000



PERMANENT SEWING CLASSES
Amount Spent - Rs.60000



HAPPY SCHOOL



CANVAS PAINTING WORKSHOP
Amount Spent - Rs.30000



MENTAL AWARENESS WORKSHOP



THE FIRST EVER KIDS CARNIVAL
AMOUNT SPENT
Amount Spent - Rs.1,00,000

IWC UTTORAYAN DIVA



SPONSORED 11 DIALYSIS TO LIONS ANMOL

Amount Spent - Rs.12000



DISTRIBUTION OF 13 CEILING FANS TO THE ADOPTED SCHOOL

Amount Spent - Rs.17500



DISTRIBUTION OF PADS FOLLOWED BY A HEALTH SEMINAR

Amount Spent - Rs.17500



AN EDUCATIVE SESSION FOR 120 CHILDREN

Amount Spent - Rs.4000



A BIOENZYME SESSION AT THE ADOPTED VILLAGE



RAKHI CELEBRATION & DISTRIBUTION OF GIFTS TO THE SECURITY GUARDS

Amount Spent - Rs.4000

IWC SILIGURI PANACHE



BLOOD DONATION CAMP
Amount Spent - Rs.5000



SCHOOL ADOPTED
Amount Spent - Rs.5000



SWATCH BHARAT ABHIYAN IN SCHOOL



TREE PLANTATION IN NEPAL BORDER
Amount Spent - Rs.1000



HELLO MILO-VISIT OLD AGE HOME
Amount Spent - Rs.10000



WATER COOLER INSTALLATION
Amount Spent - Rs.50000

IWC SILCHAR



BREAST FEEDING KIOSK
Amount Spent - Rs.65000



IWC BRANDING
Amount Spent - Rs.25000



ADOPT A MISSION
Amount Spent - Rs.21000



LEAD THE YOUTH
Amount Spent - Rs.5000



WOMEN EMPOWERMENT
Amount Spent - Rs.6000

IWC RANIGANJ

New Club



INSTALLATION CEREMONY



**SEMINAR ON MENSTRUAL HYGIENE
& DISTRIBUTION OF NAPKINS**



BLOOD DONATION CAMP



EMPOWER GIRLS ENRICH THE NATION



**CLEANLINESS DRIVE ON
GANDHI JAYANTI**

With best Compliments from



Inner Wheel Club of Dibrugarh

Club President
Dibya Saraf

Club Secretary
Priyam Kasera

CENTENNIAL USP SERVICE

- **ADOPT A MISSION** - 35 villages & 5 slums adopted to provide them with living, lodging, food and a better life to live.
- **ADOPTION OF HAPPY SCHOOLS**- 30 schools will be developed to happy schools, 15 schools have been converted to happy schools.
- **ADOPT TO EDUCATE GIRLS** - 100 girl's school fees sponsored, rs. 1lakh donated for 26 tabs.
- **AN E- LEARNING CENTRE** was set up by donating 6 computers for blind children, 20 daisy machine were donated.
- **HELLO MILLO PROGRAM** launched for senior citizen care- 25 senior citizen homes were adopted.
- **SHINE A LIGHT** home for mentally challenged adopted separately for men, women and children to shine a light collectively to make their lives more meaningful.
- **EMPOWERING WOMEN AND TO SHOW RESPECT TO WOMEN** awareness campaign and talk shows organized, stickers distributed
- **40 BLOOD DONATION CAMPS ORGANISED**
- **135 HEALTH CHECK UP CAMPS ORGANISED**
- **15 INCENERATORS AND 15 VENDING MACHINE** installed to promote menstrual hygenic
- To mark centeneray year **175 CATRACT SURGERY** sponsored
- In association with **PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN** 20 TB patients supported for 6 months.
- To save enviroment 5000 tonnes of industrial waste was recycled
- **LAUNCH OF FRESH PAD** to save Mother Earth and ensure menstrual hygiene. 6 villages made no plastic zone
- **ZEST FOR ZERO WASTE** 5000 Trees planted, setup of fruit garden organized mongo seed collection drive eco friendly bags and glass bottles permanent campaign in all cities.
- **BUILD BRAND IDENTITY** media coverage campaigns, plants and gifts with IWC Logo given and in the adopted villages lamp post with IWC logo installed
- **INDEPENDECE DAY** 35 plus projects executed and "WINNERS" a police all women squad of 50 women were felicitated.
- **17 BREAST FEEDING KIOSK INSTALLED IN PUBLIC PLACES: PROJECT COST RS. 6 lacs**
- TWO MAJOR PROJECTS DONE ON **PROSTHETIC LIMBS**
- **WINGS OF HOPE** DISTRICT PROJECT LAUNCHED BY DISTRIBUTING 100 WHEEL CHAIRS, 100 WALKING STICKS AND 50 WALKERS
- 3 Water station setup.
- **SUPPORT TO SIKKIM** for flood relief of Rs. 50,000/-
- 2 rescue **CENTRES OPENED FOR REHABILITATION** of girls saved from human trafficking
- Major project- Setup of sanitary Napkins manufacturing unit
- **155 DAILY SIS FOR SENIOR CITIZEN**
- 35 projects covered in IIW Page
- 135 projects covered in Association Page
- 10 projects show cased in International Bulletin

With best Compliments from



*Inner Wheel Club of
Siliguri Savvy*

Club President
Priyanka Goyal

Club Secretary
Sangita Mittal

With best Compliments from



RANJANA AGARWAL

Club President

Inner Wheel Club of Siliguri Midtown

With best Compliments from



SWETA AGARWAL

Club Vice President

Inner Wheel Club of Siliguri Uttorayan



ASSOCIATION EVENTS



Inner Wheel District 324



ODYSSEY

1/2/3 SEPTEMBER, 2023
MDR-SOUTH/EAST



ODYSSEY MULTI DISTRICT RALLY SOUTH-EAST

MAHABALIPURAM

Friday | Saturday | Sunday
1st, 2nd & 3rd, September 2023

Host District *Inner Wheel District 323*

The Venue

Four Points by
Sheraton Mahabalipuram
Resort & Convention Center

ECR - OMR Junction,
ECR Rd Poonjeri,
Mahabalipuram



Chief Guest
Trish Douglas
President
International
Inner Wheel



Guest of Honour
Preethi Gugnani
President
Association of Inner
Wheel Clubs in India



Convenor
PIIWP
Kamala Ramakrishnan



Co-Convenor
Assn CCCC PIIWT
Azhagu Annamalai

Co-host



IWD 324
District Chairman
Geeta Sarin



DAY 2



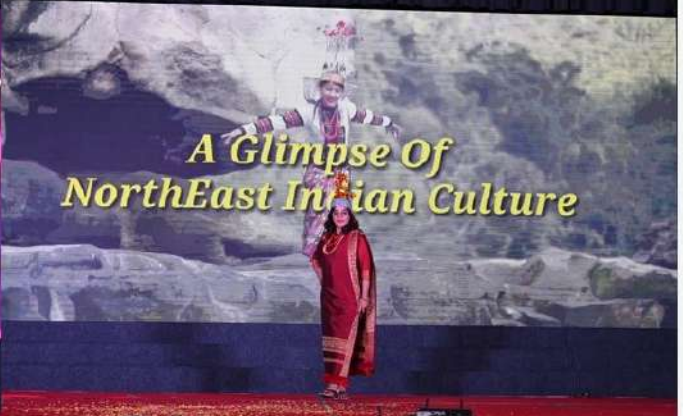
INNER WHEEL DISTRICT 324



INNER WHEEL DISTRICT 324



DAY 2



DAY 2



National Event
donation of 1000 Tabs



EMPOWERING EDUCATION
TRANSFORMING LIVES
गदरत की बीर - शिखा के दीप

Dr. Zeele Surin
D.E. District Chairman
324

शिक्षा के दीप को रोशन करने में मेरा सहयोग
GIFTING A TABLET

LITERACY IS MY MISSION
IILM
NATIONAL GOALS 2023-24
SHIKSHA



27 TABS DONATED
by District 324



DAY 3



Pledge on
"SHOW RESPECT
TO WOMEN"
by all delegates .

An initiative by IWD 324
to emphasise the need to
ensure independence of
women from abuse and
violence.





ASSOCIATION OF INNER WHEEL CLUBS IN INDIA

Centenary Celebrations

EUPHORIA

CENTURY GRANDEUR

Representation of District 324

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

I am a TRAILBLAZER
to Register & Lead the National Centenary Celebrations at Delhi



GEETA SARIN
DISTRICT CHAIRMAN, IWD324
Date: 28.12.2023

EUPHORIA
CENTURY GRANDEUR

10 - 12 JANUARY 2024
India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

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DIVYA SARAF
PRESIDENT
IWC, DIBRUGARH
Date: 8.01.2024

EUPHORIA
CENTURY GRANDEUR

10 - 12 JANUARY 2024
India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

I am a TRAILBLAZER
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SHAKUNTALA RATERIA
IWC SILIGURI UTTORAYON
Date: 28.12.2023

EUPHORIA
CENTURY GRANDEUR

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India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

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SWETA AGARWAL
DISTRICT EDITOR-D324
Date: 28.12.2023

EUPHORIA
CENTURY GRANDEUR

10 - 12 JANUARY 2024
India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

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to Register & Lead the National Centenary Celebrations at Delhi



Rita Majumdar
President
IWC SILIGURI UTTORAYON
Date: 26.12.2023

EUPHORIA
CENTURY GRANDEUR

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ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

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SUCHITRA AGARWAL
IWC SILIGURI UTTORAYON
Date: 28.12.2023

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Centenary Celebrations

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Ranjana Agarwal
President 2023-24
Inner Wheel Club of Siliguri Midtown
Date: 06.01.2024

EUPHORIA
CENTURY GRANDEUR

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ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

I am a TRAILBLAZER
to Register & Lead the National Centenary Celebrations at Delhi



Nisha Agarwal
Vice President 2023-24
Inner Wheel Club of Siliguri Midtown
Date: 06.01.2024

EUPHORIA
CENTURY GRANDEUR

10 - 12 JANUARY 2024
India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
Centenary Celebrations

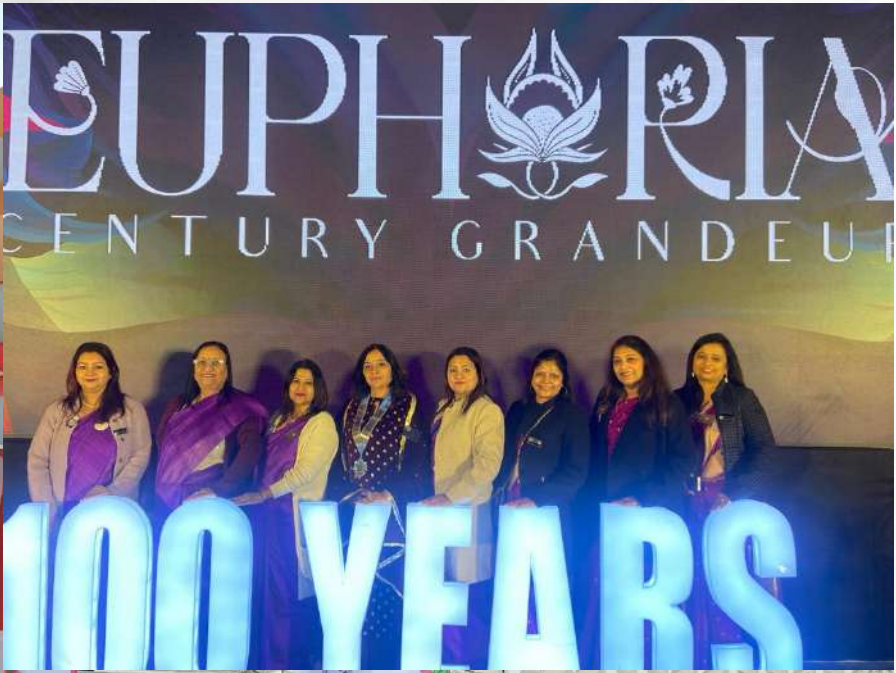
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to Register & Lead the National Centenary Celebrations at Delhi



Renu Mahpal
Member
Inner Wheel Club of Siliguri Midtown
Date: 06.01.2024

EUPHORIA
CENTURY GRANDEUR

10 - 12 JANUARY 2024
India International Convention & Expo Centre
ICC, Dwarka, New Delhi, India



DAY
1





District 324

Participated in the cultural heritage showcase of our district and digital presentation of service projects.

We were the **WINNERS** in both the category

3 Clubs were awarded for maximum uploading of service projects on website

IWC Dibrugarh
IWC Siliguri Midtown
IWC Siliguri Uttorayon

CENTENARY YEAR PROJECT WINGS OF HOPE

100 WALKERS FOR SENIOR CITIZENS AND PROSTHETIC LIMB DONATION AS THE CENTENNIAL PROJECT WAS EXHIBITED IN EUPHORIA. THE MOTTO BEHIND THE PROJECT IS TO IMPROVE MOBILITY, THE ABILITY TO MANAGE DAILY ACTIVITIES AS WELL AS PROVIDE THE MEANS TO STAY INDEPENDENT AND SECURE THE GOLDEN YEARS OF SENIOR CITIZENS



With best Compliments from



TULIKA AGARWAL

Club Editor

**Inner Wheel Club
Siliguri Uttorayan**



Inner Wheel Club Dimapur

**Club President
Nidhi Modi**

**Club Secretary
Ritu Sethi**



MEDIA COVERAGE



ASSOCIATION HIGHLIGHTS

← Association... 🔍 🔄 ☰

Sonal Bansal
Jan 17 · 🌐

Club - Inner Wheel Club of Hailakandi
Dist. - 324
Dist Chairman-Geeta Sarin.
District Editor-Sweta Agarwal.
Date-10/01/2024

Project - Trail brazer R- Rig... See more

Before



After



Sonal Bansal is with Geeta Sarin and Sweta Agarwal.
Oct 3, 2023 · 🌐

Club Name:- IWC Silchar
District:- 324
President:- Sudha Mundra
Secretary:- Mohul Mitra
Date:- 02.10.2023
Amount Spent:- Rs 50,000/-
Beneficiaries:- Unlimited... See more

Sonal Bansal
Jan 27 · 🌐

District 324
District Chairman - Geeta Sarin
District Editor - Sweta Agarwal
Centenary year project
Vertical - Launch Pad / Empowering Girl Enrich Nation
Club Names -... See more

Sonal Bansal is with Geeta Sarin and Sweta Agarwal.
Oct 10, 2023 · 🌐

District Number 324
Project Name- Support in Healthcare for Senior citizen
Club Name-Inner Wheel club of Siliguri Uttorayon
Project Goal-
A-ADOPT AND BUILD (Health care ... See more



Sonal Bansal is with Geeta Sarin and Sweta Agarwal.
Sep 15, 2023 · 🌐

District Number-324
Project Name - Inauguration of breastfeeding kiosk
Club name -Inner Wheel Club Mitra , Tinsukia
Project Goal - To help the l
Inner Wheel Club Mitra, T



Sonal Bansal
Jan 17 · 🌐

Club Name- Inner Wheel Club of Duliajan
District- 324
District Chairman- Mrs. Geeta Sarin
President- Mrs. Bulbul Adhyapak
Secretary- Mrs. Anjima Hazarika
Venue- Durgabari ,Tinsukia
Date-12.01.24... See more



Sonal Bansal
Dec 26, 2023 · 🌐

District Number- 324
Project Name - SEMINAR ON MORPHINE N PAIN MANAGEMENT IN PALLIATIVE CARE FOR CANCER PATIENTS #R #L#B#BUILD BRAND IDENTITY# SWSW# CANCER AWARENESS
Club name- INNERWHEEL CLUB OF DIBRUGADH, See more



Sonal Bansal is with Geeta Sarin and Sweta Agarwal.
Oct 13, 2023 · 🌐

District no 324
Project name-Joint Project on Breast Cancer Awareness and Consultation
Clubs - 7 Inner Wheel Clubs of Siliguri
Project goal- R- Rising Strong (Health Benefits)
E- Empower Girl Enrich nation
R- Rights and Responsibility... See more



135 projects covered in Association Page

INTERNATIONAL HIGHLIGHTS

International Inner Wheel
 Sep 21, 2023 · 🌐

District -324
 Project- observation of International literacy Day
 Club name -IWC Asansol

To observe International literacy day our club visited our newly adopted 'Happy school' located in our adopted village, Borothal. Quality time was spent with the students and schoolbags with the logo of Innerwheel were distributed among the students of primary section. study materials n some eatables were also distributed to all the students of the school.
 The smile on their faces was priceless.

Experience -12000
 Beneficiaries -91

International Inner Wheel
 Feb 19 · 🌐

IWC Gangtok
 Installation of a sanitary napkin machine
 Vertical - Health/ Hygiene
 Date -18th feb,2024
 Venue- wellness park
 Our club installed a sanitary pad vending machine in the ladies toilet in the newly inaugurated wellness park in Gangtok
 Members present -9
 Amount spent - Rs8700

International Inner Wheel
 Jan 5 · 🌐

Club - Inner Wheel Club Mitra, Tinsukia
 District -324

Branding of Inner Wheel
 Amount Spent -5,500/

Inner Wheel Club Mitra, Tinsukia had put up a Welcome Board while entering Tinsukia from Makum Bye Pass.
 Members were interested and excited to put up a Welcome Board to help people and for branding of Inner Wheel, it is a very good project, Centenary project of Inner Wheel District 324.

International Inner Wheel
 Oct 30, 2023 · 🌐

#cancersurvivors
 #cervicalcancerwarrior
 #InternationalInnerWheel
 District:324
 Club Name : IWC Siliguri Uttorayon
 Story of our club member Mrs.Ravinder Bindra

Thank you for sharing Ravinder

2011 was the year when I was reaching a milestone of completing 50 years of my life. At an age where people start planning their retirement and what to do next in life; I was diagnosed with stage three cervical cancer! My world fell apart and I did not know what life had in store for me. I was quickly taken to Mumbai and within a day; a major portion of my cervical plus uterus was removed. I had just become a grandmother to a three month old beautiful baby boy but did not have the ability or stamina to even hold him and play with him at a time when I was supposed to take care of my daughter she became the caregiver to help me recuperate. Two months after the surgery started the whole process of chemotherapy and radiations. The whole process was extremely excruciating and drained me mentally as well as physically. There came a

International Inner Wheel
 Dec 7, 2023 · 🌐

District Number324
 Project Name-VISITED TRANSGENDER SOCIETY
 Club name- Inner Wheel Club of Siliguri Midtown
 Transgender are an integral part of our society. They too deserve an equal respect and right to dignity which our Society often deprives them. Today our Club visited a Transgender Society at Bhuveshmore khasi, Siliguri. We distributed Sarees, Suites, Sweaters, fruits, biscuits, rice etc. amongst them. They were about 200 of them living there. They were overjoyed and felt very happy. Our members too got a feeling of inner-satisfaction to help them and spend some time amongst them.
 VENUE-TRANSGENDER SOCIETY
 Expenses- sponsored Beneficiaries-300

International Inner Wheel
 District no 324
 Project name-Joint Project on Breast Cancer Awareness and Consultation
 Clubs - 7 Inner Wheel Clubs of Siliguri
 Project details:-
 Observing October as cancer awareness month, a joint awareness program and free consultation has been organised by all the 7 Inner Wheel clubs of Siliguri on 12th October . Our District chairman Mrs. Geeta Sarin was the chief guest of the event,the program was attended by our district PDC's and DEC members.
 Dr. Subhadip Chakraborty, MCH(surgical oncology) , Appolo Institute was our guest speaker. He described the causes , symptoms and treatment of breast cancer and related issues. His informative presentation enlightened us about breast cancer and how to deal with it.

35 projects covered in IIW Page

With best Compliments from



Inner Wheel Club of Uttorayan Aura

Club President
Priyanka Agarwal

Club Secretary
Sheetal Agarwal



Inner Wheel Club of Durgapur Giva

Club President
Munmun Kundu

Club Secretary
Sudipa Mukhopadadhyay

Good Wishes for 32nd District Conference



INNER WHEEL CLUB OF ASANSOL

Club President *Club Secretary*
Babli Ganguli **Rabindar Kaur Wadhwa**

INNER WHEEL CLUB OF SILIGURI MIDTOWN

Club President *Club Secretary*
Ranjana Agarwal **Puja Bajoria**

PDC TSEYANG BUNTY & PDC KUMKUM RAI

INNER WHEEL CLUB OF DARJEELING

Club President *Club Secretary*
Neetu Jain **Feroza Banu**

Best Wishes!



Kyo Neetu Bansal

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NITU AGARWAL

Chief Life Planner
MDRT
TATA AIA
CARE HEALTH

Club Vice President
IWC Siliguri Midtown

☎ 94340 55330

“

We educate women because it is smart.
We educate women because it changes
the world!

”



T A L E N T

DISTRICT 324



Gender Equality – The present & the future

Men are taught to apologise for their weakness & women for their strength.

The above quote aptly sums up the gender disparity seen across the globe cutting across all boundaries of race, colour and nationality. In recent years there has been much advocacy of gender equality. Laws have been amended and pledges have been taken. But does that relate to equality on the ground.

Gender equality is a fundamental human right. It is not merely a women's issue but a societal imperative. It is essential for the attainment of justice and human dignity. It is a prerequisite for fostering sustainable development and progress while promoting social cohesion and strong social fabric.

While progress has been made in advancing gender equality, significant disparities persist. In many regions, women and girls continue to face discrimination, limited access to education, unequal pay, and barriers to leadership and decision-making positions. Moreover, gender-based violence remains prevalent, affecting millions worldwide and perpetuating cycles of inequality and injustice. For every Kalpana Chawala or Harmanpreet Kaur there are a thousand faceless voiceless names.

Governments, civil society organizations, and individuals worldwide are actively working to promote gender equality through various means. Legislative reforms, such as enacting laws to ensure equal pay and protect against gender-based violence, are crucial steps toward gender parity. Additionally, investments in education and healthcare, coupled with initiatives to challenge gender stereotypes and norms, play pivotal roles in empowering individuals and dismantling systemic barriers.

Education is a cornerstone of gender equality, serving as a catalyst for social change and economic empowerment. By providing girls and boys with equal access to quality education, societies can break the cycle of poverty, promote gender-sensitive curricula, and empower individuals to challenge gender stereotypes and pursue their aspirations.

Despite progress, achieving gender equality remains a complex and multifaceted challenge. Deep-rooted patriarchal norms, cultural practices, and institutional biases continue to impede progress. Addressing these barriers requires concerted efforts at local, national, and global levels, along with the engagement of diverse stakeholders.

As a family we have the opportunity and the onus to provide a solid base of gender equality for our sons and daughters who in turn will pass on the same to next generation. It will be a slow change but change it is.

Innerwheel as a women's organisation is in a unique position to take up the mantle of leader in this worldwide struggle for equality. Greater emphasis should be given to women oriented projects and solo projects by women need to be cherished and applauded.

In conclusion I would say that every individual should commit to upholding the rights and dignity of every individual, regardless of gender and build a future where equality thrives.

We've begun to raise daughters more like sons... but few have the courage to raise our sons more like our daughters.



Dr. Neeti Nepal
IWC GANGTOK

Environment Protection And Sustainability

There is a famous quote by Mohan Das Karam Chand Gandhi that says: "Earth provides enough to satisfy every man's need, but not every man's greed." This simple yet powerful line highlights the current state of the world and conveys an important message about the environmental protection crisis and the upcoming threats and challenges that we are about to face. However, are we committed to protecting our planet and its natural resources, which are about to disappear in the coming days?

Before delving deeper into the topic, it is essential to understand the term "environmental sustainability." How can we live a sustainable life, and what challenges should we expect in the near future? To save our planet, we must be more responsible and conscious of how we treat it.

Our forests, rivers, oceans, and soils provide us with the food we eat, the air we breathe, and the water we use to irrigate our crops. We depend on them for numerous other goods and services, and our health, happiness, and prosperity also rely on the environment. However, excessive use of natural resources, deforestation, overpopulation, pollution, and burning of fossil fuels impact the physical environment. Sustainability aims to improve the quality of human life without putting unnecessary strain on the earth's supporting ecosystems. It means meeting our own needs without compromising the ability of future generations to meet their own needs. As individuals, we can adopt small but effective steps toward sustainable living. For instance, using less water, reducing meat consumption, and switching to reusable products can help reduce our dependence on single-use plastics.

If we can adopt the following lifestyle in our day-to-day life, we are on a mission of sustainable living:

1. Resell, repurpose, or donate unwanted items.
2. Use coffee grounds, sugar, and a little coconut oil instead of buying expensive, heavily packaged body scrubs
3. Reduce your consumption of single-use plastic materials like water bottles, grocery bags, coffee cups, and produce wrapping. Replace them with tote bags, water flasks, reusable coffee cups, and plastic-free fruit and vegetables.
4. Convert your make-up kit to washable, reusable make-up wipes, and plastic-free cosmetics.
5. Switch out paper towels for reusable dishcloths. Buy a bamboo toothbrush or an electric toothbrush instead of using plastic ones.
6. Support local food products with low air miles. In other words, try to eat foods that haven't traveled far to make it onto your plate.
7. Replace saran wrap with reusable beeswax eco-wraps.
8. Say no to the plastic straw with your iced coffee, bring your own instead.

"Let's take an oath to practice a nature-friendly lifestyle."



Anghrija Basu Bhattacharya
IWC SILIGURI

Essence of starvation

For many years I have been trying to contemplate the reason why have our ancestors created this fasting ritual for every single celebration? I have been trying to find out the reason until I found something substantial to jot down- the essence of starvation! I would now like to share it with the generation today!

It is well said and agreed by all that one who can control his/her indriya (sense organs) can rule the world! And if you are not interested in ruling the world you definitely are interested in ruling yourself! The biggest problem the generation is facing is that we are losing our temperament, our self control but what we don't realise is that if we learn to control our emotions, we learn to be happy. Happiness is a state of mind, yes ! It is something that is achieved by practice and control. There can be various ways to practice this. Fasting being one of them!

Fasting again can be done in various ways,

Fasting in its literal meaning means to let go of something you like a lot or you cannot live without!

Fasting in terms of food hence is any easy way to practice self control. Probably this has been the reason why all our ancestors have been practising fasting on all the occasions to control their temperament. Try and see, on the days you fast you feel light, you don't feel angry, you don't feel hatred! But this happens when you are fasting without being forced! We know when we start uncaging our needs, our wants, our desires we learn to control our emotions. We tend to enter a state of mind which is full of compassion and love for our surrounding. We start thinking beyond us, we start thinking for others!!!

But, is it necessary to starve our stomach always to achieve this state of happiness?

Well, I don't believe so . If we start controlling our other indriyas, for instance, if we fast for a day by not talking anything bad about anyone, or if we fast for a day by not showing any kind of anger towards anyone that too will help us in controlling our emotions. Fasting I believe is just a first step to attain self control. It does come with other benefits also, like it helps us in cleaning our internal system and keeping us fitter etc. But if your sole aim is to achieve Nirvana- the state of ecstasy, the state of calmness you got to practice other fasting rituals like starve on your anger, mood, cynicism! Only starving on food will not help us in achieving peace or Nirvana, we eventually seek, but it definitely is the first steppingstone towards it!



Priyanka Goyal
IWC SILIGURI SAVVY

“Prince of Lumbini”

At the banks of river Rohini,
To King Suddhodana and Queen Maya,
Was born the Prince of Lumbini.
Who with years of Penance,
Long Travels, Endless Perseveranc,
World suffering from strife and stress,
To the suppressed and oppressed,
Became a Beacon of Light,
Gifting to all the Nirvana Bright
Bringing forth...
His Aspirations..His Vision
Of Joy, Love and Compassion,
Which had become Keywords,
To the World Peace Mission.
But Today..
Under clouds of Battles and Wars,
All has perished.
Ego,Lure, Lust and Power,
Is what is being cherished.
Join Hands To bring forth..
The legacy Prince of Lumbini bestowed that..
Hate breeds Hatred,
Love gives birth to Love.
Let Ahinsa become the Mission of Co existence,
Not teaching but preaching,
A fresh world full of Humanism.



Asha Kiran
IWC GANGTOK ORCHID

Trailblazer

In the realm of dreams, a Trailblazer strides, Where each letter holds a goal, a light that guides.
 Tech and power, they harness the might, With innovation's spark, they soar to new heights.
 Rising strong, they face challenges tall, Undeterred they stand, never to fall.
 Adopt and build, compassion their creed, Constructing a world where all hearts are freed.
 In education's embrace, they plant seeds, Nurturing minds to grow, fulfilling needs.
 Launchpad of ideas, where visions take flight, A canvas of dreams, painted with foresight.
 Building brand identity, a beacon to trace, A mark of excellence, they leave in each space.
 Leading the youth, they guide and inspire, Empowering tomorrow with passions afire.
 Adopting missions, with purpose aligned, In hearts full of love, compassion defined.
 Zest for zero waste, their eco-hope's call, For Mother Earth's future, they stand tall.
 Empower girls, enrich the nation's core, With equality's light, they open doors.
 Rights and responsibility, they bear the weight, For a world of compassion, where love dominates.
 Trailblazers, we honor your radiant quest, With each goal achieved, you are truly blessed.
 In the tapestry of life, your legacy sown, A Trailblazer's spirit forever known.



Tulika Agarwal
IWC SILIGURI
UTTARAYON

FRIENDSHIP!



Mukta Kar Saha
IWC TINSUKIA MITRA

You magnify my happiness when I feel glad,
 You subdue my sadness when i fell sad.
 So nice to have a friend like you ...
 Somehow when you are around
 the sky turns from grey to blue...

You laugh with me till the tears run down my face,
 You talk with me till my pulse does race .
 If I could wish for something
 I would choose the joy that you bring .

You are the feather on the wings of an angel ,
 You are the fire at the wick of a candle,
 You cheer me up whenever I am down
 You're always there for me
 when I'm in need .
 You are the first light of dawn ,
 Our faith and friendship has kept us strong .

A Friendship to continue
 Forever long.

आज की द्रौपदी

हे हिन्द की नारी,
आपको सलाम,
आप जन्मी बैदापोसी ग्राम,
प्राम्भिक किया मयूरभंज से,
ज्ञान अर्जन की बनी मिसाल,
पिता के पदचिन्हों पर चलकर किया सफल नेतृत्व का काम।
कई भूमिका निभाई आपने,
हर संघर्ष को स्वीकारा आपने,

व्यथा, पीड़ा सह कर भी आपने किया,
देश हित में काम
आप अडिग है, अविचल है, ढाल बनी खुद के लिए,
अपने आलय को,
स्वरूप दिया विद्यालय का,
कितनो के जीवन काल को प्रकाशमय बनाया।
अपने जीवन को विषमता से निकाल,
प्रखर, मुखर, पदौन्नति का जीवन बनाया।
आपने द्रौपदी के नाम को सार्थक बनाया,
देश की सर्वेसर्वा बन अपने कुल का मान बढ़ाया।
हमसब के लिए प्रेरणास्रोत बन,
आपने महानता का परचम लहराया,
हे हिन्द की नारी, आपको शत शत नमन,
करते हैं आपको हृदय से प्रणाम



Khushbu Agarwal
IWC JALPAIGURI
PEHCHAAN

GIRL CHILD



Bela Goenka
IWC ASANSOL

भाष्कर कि तपिश को शीतलता में बदल देती है बेटी।
डगर की दुश्चारियों से आगे ही सजग कर देती है बेटी।
जेठ तपती धूप में पहली बारिश का अहसास है बेटी।
गौरैया बन कर आंगन में कुछ दिन दाना चुगने आती है बेटी।
मेरे जीवन में जो खुद के होने का वजूद तलाशती है बेटी।
आंगन की तुलशी से बड़े बरगद में बदल जाती है बेटी।
गंगा की मौज की तरह हर दुश्चारियों को खुद में समेटलेटी है बेटी।
मैं कही गलत हु तो कनखियों से सावधान कर देती है बेटी।
भाग्य की रेखा को बदलने की हिम्मत रखती है बेटी।
धान के बिचड़े की तरह अनजान जगह बो दी जाती है बेटी।
अपने होने से परिवार को सम्पूर्ण बनाती है बेटी ।।।



Alka Mitruka

Inner Wheel Club of Siliguri Savvy



Tanusree Chanda

Inner Wheel Club of Hailakandi



Tapasi Sarkar

Inner Wheel Club of Asansol



Shilpi Agarwal

Inner Wheel Club of Jalpaiguri Pehchaan



Mina Newar

Inner Wheel Club of Dibrugarh



Shweta Baranwal

Inner Wheel Club of Raniganj

Architects of District 324



PDC PURABI ROY
1992-93



PDC LATE SUBINITA DEY
1993-94



PDC LATE SIPRA BASU
1994-95



PDC BHARATI DATTA
1995-96



PDC CECELIA EDWARDS
1996-97



PDC DR. SUMITA DEB
1997-98



PDC CHITRA DATTA
1998-99



PDC MOUSHUMI CHATTERJEE
1999-2000



PDC KUMKUM RAI
2000-01



PDC ROHINI CHANDHOKE
2001-02



PDC LATE BANANI RAY
2002-03



PDC SUNANDA GHOSH
2003-04



PDC LATE PRAMILA MUKHERJEE
2004-05



PDC ANMONA BORA
2005-06



PDC CHHANDASRI ROY
2006-07

Architects of District 324



PDC RENU VERMA
2007-08



PDC LATE JONAKI ROY
2008-09



PDC SANGEETA JAIN
2009-10



PDC MEENAKSHI SHARMA
2010-11



PDC WASIMA JAHAN AHMED
2011-12



PDC DEBJANE MITRA
2012-13



PDC JAYANTI DUTTA
2013-14



PDC TSEYANG (BUNTY) NORBHU
2014-15



PDC MRS. SUDHA MUNDRA
2015-16



PDC PUBALEE DUTTA BUJARBARUAH
2016-17



PDC PUSPA GOLCHHA
2018-19



PDC SUMITA SOM
2019-20



PDC MRS.REENA HUSSAIN MAJUMDAR
2020-21



PDC MRS.AMITA MUNDRA
2021-22



AIKYAM

INNER WHEEL CLUB OF SHILLONG

District - 324



Save
the
date

Welcomes all to

"CENTENAIRE"

The Shillong Chapter

DISTRICT ASSEMBLY

KHUBLEI SHIBUN



7th & 8th June 2024

Best Wishes!

from

Inner Wheel Club of Siliguri Uttorayon



Social service is the thread that weaves
compassion into communities, bridging gaps and
nurturing humanity's better nature.